

BREATHING ROOM

Summer 2020

in this issue

Love and Kindness
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Barlow and COVID-19

Impact Report

Barlow
RESPIRATORY HOSPITAL

Donna Gibson Morrison





The world has changed. The ways we celebrate may change forever. One thing that will never change is our commitment to ReBuild Barlow.

When we ReBuild Barlow, we build upon a legacy of specialized respiratory care, clinical excellence, innovation and dedication to service. We have a history of over one hundred years of exceptional, award-winning patient care.

Our work has continued despite the upheaval of current events. Our historic 1927 hospital building has completed a major seismic retrofit and is approved for continued patient care until 2030. Construction has begun to ReBuild Barlow as a larger, more welcoming facility that will serve patients and families for generations to come.

We are moving forward with a major renovation to Rebuild Barlow entirely within existing walls of a building adjacent to our historic hospital building on Stadium Way in Los Angeles. This will ReBuild Barlow as a new state-of-the-art hospital. This will move the project forward more quickly and at a much lower cost than could be achieved with a ground-up project.

Another thing that remains unchanged — our need to fundraise. We are close to our goal of \$4 million dollars to complete the first phase of this project.

Due to the COVID-19 pandemic we postponed our in-person event scheduled for May. Join us in September for Together Apart: A Virtual Evening to Support Barlow Respiratory Hospital. The event will be Livestreaming Sept 21, 2020 6:30PM-7:30PM and will feature ABC7 News Health Reporter Denise Dador as Master of Ceremonies with Los Angeles Dodgers All-Star & Legend Steve Garvey, Businessman & Philanthropist Dennis Gilbert, Master Illusionist Jason Latimer and many more! Watch your e-mail and follow us on Instagram, Facebook and Twitter for more details, or register online today at barlowhospital.org.

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In These Troubling Times

Amit Mohan PhD, FACE, FACMPE
CEO, Barlow Respiratory Hospital

In these troubling times, Barlow Respiratory Hospital expert clinical teams and physicians courageously serve patients everyday. While we cannot predict the ultimate outcome of this crisis, we accept uncertainty and continue to move forward.

There have been many nights that I wished we could rewind the clock to go back to a world before the pandemic or fast forward to a world with a vaccine for COVID-19. However, we have no choice but to live through this moment. And in this moment, because of our commitment to continuous improvement, ongoing training and everyday precautions, we have managed to avoid any Barlow-acquired laboratory confirmed COVID-19 cases, in our patients or our staff.

We know this may change at any moment. We are aware that this crisis will have an ongoing impact and we take this opportunity to reflect on who we are and why we are here. With widespread occurrence and hundreds of community-acquired cases being reported every day, no place is free from COVID-19. Our Barlow team has chosen this work and we don't expect the luxury of a world without COVID any time soon.

As a Long-Term Acute Care Hospital (LTCH/LTAC) we provide continued care for critically ill patients referred to us after a prolonged stay in the ICU of an acute care hospital. We admitted our first patient treated for COVID-19 in April 2020. We remain ready to admit many more. Tragically, we have come to realize that many patients with COVID-19 have not survived the ICU to be admitted to Barlow.

We are committed to providing the best possible care to achieve the best possible outcome.

Sometimes that outcome may be a dignified and peaceful passing. Sometimes that outcome may be a full recovery and return home.

Barlow Respiratory Hospital has been here for more than one hundred years. COVID-19 or not, we are here when patients need us. Our legacy of care has carried us through tuberculosis, influenza, HIV and other upheavals. We have faced illness and we have faced fear. We have emerged with experience and expertise to serve patients suffering catastrophic illness or injury. No matter what, our teams come to work every day to honor a long legacy of care and to honor the trust our community places in us.

Our Barlow Respiratory Hospital mission is to make a difference in the lives of critically ill patients.

Our patients depend on us and they and their families rely on us, even more so during these troubling times when they can't even visit their loved ones. We see our patients take last breaths and we see our patients take first breaths off the ventilator. We see our patients recover from critical illness to take first steps towards walking on their own again. We hear their first words as they begin to talk again. We see the ups and downs in our patients' journeys and we are there with them, throughout that journey, with expert care and exceptional kindness and caring.

I welcome you to support our crucial work at this critical time. Contribute today to our general fund or to the Campaign to ReBuild Barlow. With your help we will remain here, as always, to serve patients and their families for generations to come.

Grateful Patients



Barlow Respiratory Hospital serves Southern California with three locations: Los Angeles, Van Nuys and Whittier. We like to say we have three locations, one team. A shared commitment to patient care and achieving best outcomes drives our teams at each location. Here are a few words from grateful patients served ... at our main

headquarters in Los Angeles and one of our satellite locations in the San Gabriel Valley. "We didn't know if he would make it." His mom, Maria remembers.

He was only 18 years old when he came to us on a vent, paralyzed on one side and just barely conscious. Our Barlow physicians and nurses tended to his clinical needs while our Respiratory Therapists helped to wean him from the ventilator to breathe on his own. Our Rehabilitation Team: Physical Therapy, Occupational Therapy and Speech Therapy worked with him as he recovered.

"The team worked hard for my son," says Maria, "I appreciate the wonderful care you provided. Thank you to all of the Doctors, Nurses and Respiratory and Rehabilitation staff. I am very happy for the progress he made at Barlow. I am so grateful."

"Our typical patient is much older and we faced unusual barriers to discharge planning due to his age. There were no accepting facilities, because licensing defines an adult patient as 21," says Erin Rosales, Case Manager. "He qualified by age for pediatric facilities but was on waiting lists. Our patience and persistence paid off. He successfully discharged to Children's Hospital and our entire Barlow team wishes him the best in his recovery process."

"This was a very rewarding experience for us as a team, said " Rachel Thomas PT, DPT Barlow Respiratory Hospital Lead Physical Therapist.



Retired mail carrier Lori was hospitalized for four months before coming to Barlow Respiratory Hospital PIH in Whittier. She noticed the difference in care. "It was like night and day. I can't complain about anything at Barlow. You guys do what you do. Thank you for the good treatment. I'm happy I found you. Thank you to the entire team, especially the nurses and CNAs."



Lori has a hearty laugh and is generally upbeat. She admits she was not an easy patient and particularly appreciated the work of the Barlow rehab team. "They are fantastic. They don't baby you. They get you up and get you going." She was discharged to her daughter's home and adores her granddaughter but is looking forward to returning to her own home. "I'm not used to living with a two-year old. It has been quite a journey. Thank you Barlow!"

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PROVEN & PREPARED: Barlow Respiratory Hospital and COVID-19

David R. Nelson, MD
Medical Director, Barlow Respiratory Hospital

As we face the challenge of treating patients with COVID-19 at Barlow Respiratory Hospital, we face many unknowns. Our colleagues in medical research are working to understand more about the transmission and progression of the illness. Our leadership team is working to ensure every aspect of our care serves our patients and protects our staff. Although information continues to evolve, I wanted to take a moment to share what we know, and what we have achieved in our work so far.

According to the California Department of Public Health (CDPH), the family of coronaviruses has been around for some time. Coronavirus Disease 2019, or COVID-19, the cause of the current outbreak is a new member of this coronavirus family. The national Centers for Disease Control (CDC) has assigned a scientific name to the virus, SARS-CoV-2. The most common symptoms of COVID-19 include fever, cough, and respiratory symptoms. It is believed that most people – more than 80% – have moderate to no symptoms, while others experience a more complicated disease course, including pneumonia. COVID-19 appears to be more severe in older individuals and those with underlying chronic illnesses.

Much is still to be determined about the virus, but we know that COVID-19 is highly contagious and can be deadly. “Reports from around the world indicate most infections have occurred when a contagious individual has close contact with family,

“We are equipped and ready to treat patients with COVID-19.”

colleagues, or healthcare workers due to droplets which can spread up to 6 feet.” In response we

have followed public health recommendations. We have instituted strict social distancing, restricted access to all our hospital units, including a ban on visitors and we screen every person who enters the hospital by taking temperature, requiring masks and encouraging hand hygiene. More important, we have been proactive in increasing our supplies of Personal Protective Equipment (PPE) and have embellished our staff training protocols to ensure all are equipped to meet the challenges of treating patients with COVID-19. We have also expanded our isolation capacity and are fortunate to have an exceptional partnership with UCLA Pulmonary Group physicians dedicated to treating these patients. Barlow Respiratory Hospital is a Long Term Acute Care Hospital, This terminology is sometimes confusing to the general public. News reports mention dire impacts of

COVID-19 on nursing homes, sometimes referred to as ‘long term care facilities.’ There is a distinct difference in the purpose and the care provided at a long-term care facility,

“Barlow provides expertise in post-ICU care for critically ill patients.”

which is not a hospital, and a Long-Term Acute Care Hospital, like Barlow Respiratory Hospital, which is staffed with physicians nurses, and clinical professionals. So, if you were wondering, or if anyone should ask you, Barlow provides expertise in post-ICU care for critically ill patients.

Depending on their progress while under our care, patients may be discharged to continue their recovery in long-term care facilities also known as nursing homes, or in rehabilitation units, or can return home with home healthcare after Barlow Respiratory Hospital.

There are also fears of a recurrence of COVID-19 later in 2020. Although we have not yet reached the peak of the pandemic in Southern California, and incidences of recurring outbreaks around the globe are not yet available, recurrence is still something we are prepared for.

At Barlow Respiratory Hospital, we maintain a regular discipline of staff training including training in emergency management. Barlow Respiratory Hospital served patients during the Influenza Pandemic of 1918 and without a vaccine or specific anti-viral treatments for COVID-19, we understand the similarities of these devastating illnesses and, as much as we can, we are ready.

COVID-19 has created unique challenges for all of us. While we continue to work to meet those challenges and prepare for what may come, we also continue to focus our attention on our everyday work of caring for critically ill patients. Heart attacks and strokes, accidents and illnesses continue to occur. Patients continue to need our care. We have proven our ability to provide unequalled care and we trust our ability to continue. We can never predict what crisis may come, but we can always be certain our Barlow Respiratory Hospital is prepared to meet the unexpected with unruffled calm and professionalism.

"HI, HOW YA DOIN?"

A Dramatic Recovery from COVID-19

Tenette Lavergne had not seen her husband Anthony or heard his voice for nearly three months when she got a facetime call from Barlow Respiratory Hospital.

"Hi, How ya doin?"

It was Anthony, sitting up in bed and talking for the first time in a very long time. "I hadn't seen him since I brought him to the Emergency Room in March" says Tenette, "He had COVID-19 and had been in the ICU in a coma for 5 ½ weeks. The doctors called more than once to tell me he wouldn't make it through the night. They talked to me about do-not-resuscitate, and the priest had been there to deliver last rites more than once.

"Anthony was still on the ventilator when he came to Barlow and he was there for more than a month. Before all this happened, we were living the American Dream," says Tenette. "I had retired after 30 years and Anthony was still working. We traveled all over the world. Our last trip was to Israel. We went on a cruise. Nobody knew about COVID-19 then."



"I consider it a blessing that he had the very best care. The doctors, the nurses, the CNAS, the respiratory therapists, the social workers, the case managers, the rehab workers, everyone has helped. I am very happy with how much they helped him at Barlow. He was weaned from the ventilator, his trach was capped, his feeding tube was removed, and they helped get him started on his recovery. He's home now and his walking is still wobbly. COVID-19 really got to him. But he's doing really good."

"Mr. Lavergne was one of the sickest post-COVID-19 patients we admitted here at Barlow. He had a dramatic turnaround and that was very good to see," said Dr. Brandon Grimes, MD. "In my position as a UCLA Pulmonologist at Barlow, I partner with the Barlow Respiratory Hospital clinical teams to care for COVID-19 patients. These patients are very sick when they come in. Without family visits, these patients depend on us for more than medical care. More than ever before, they need emotional support. To care for patients like Mr. Lavergne is a reminder of what truly matters. It is a profound honor to be at the bedside to provide care at this time."

Dr. Françoise Kramer, MD is an Infectious Disease Specialist who serves on the Barlow Respiratory Hospital COVID-19 response team. "Mr. Lavergne was also my patient. He told me that when he first became ill, he kept going to work even though he did not feel well and he had a fever because he was dedicated to his work. His boss had to send him home. Those were the early days when no one knew about the virus. His family took him to the emergency room and he woke up at Barlow. He came to us with a fever and Barlow staff members were concerned he would be contagious and had anxiety about having enough PPE. Despite the challenges, we learned a lot, and all of these patients have done really well." **At Barlow, we have a multidisciplinary team and I think that is one reason our COVID-19 patients have done so well.** Each patient has specialists that include pulmonology, cardiology, nephrology, and of course Respiratory Therapists, and Occupational, Physical and Speech therapy."

"Truly, he's a miracle," says Tenette. "His recovery is just a miracle. I feel blessed that he is getting better. Thank you Barlow!"

THE LOVE, THE KINDNESS — A Patient Family Remembers End of Life Compassion



Donna Gibson Morrison knew Barlow Respiratory Hospital. As a sales representative for Pall Medical, she sold the hospital specialized medical equipment. So she thought she knew what Barlow was about.

She did not know that her husband would spend his last days here, or that the kindness of our Barlow team would be such a comfort to her.

When her late husband, Scott Morrison was diagnosed with a rare aggressive form of cancer, they were determined to beat it. They consulted with top specialists and moved to Los Angeles to be closer to Cedars-Sinai where Scott underwent surgery and a series of grueling treatments. And then, it seemed all too sudden, they were referred to LTCH care.

Donna called her only contact at Barlow Respiratory Hospital, purchasing director Donna Belich-Kraus. With a few phone calls, and a team effort, a room was made ready for Scott at Barlow's main headquarters in Los Angeles.

Donna tells us the story. "I got here late in the evening. It was already dark. They had moved Scott to a room at the end of the hallway so we could have the space to be with him. While he was here, I would walk around the grounds. It is so *calming*. I would pack my lunch and sit outside. I always enjoyed that time. It was very *comforting*."

"On that last day, it was in the morning and Barlow called and told me I really needed to be there. When I arrived, we met with the doctor and I understood. It was time."

"We went to the cafeteria, his mother and his sister and me, to wait. When we came back to the room, they had set out bottles of water and chairs for us. They had removed all the wires and tubes and they

had changed the linens and cleaned him up. It was so nice of them. It was so kind. We would not have gotten that kind of care anywhere else. Barlow is so small and so comforting."

Barlow Respiratory Hospital provides care that recognizes and respects our patients and their families as individuals. With end-of-life care, our Barlow team embraces the need to spend precious moments together. Even during the current COVID-19 crisis, families have been allowed at the bedside when compassion compels a final visit.

After he passed, Donna called the mortuary to make arrangements. When the mortuary called to schedule a time, our Barlow Respiratory Hospital team told them, "There's a Dodger game tonight and if your driver comes now, they'll just be stuck in traffic. He can stay here with us until tomorrow. Come in the morning. That will be easier for your driver." Donna received a phone call from the mortuary about the change in schedule, "In all my years doing this, they said, no hospital has ever thought of our drivers. That was so kind and so surprising." But by then, Donna was not surprised at all that our Barlow team would offer kindness and comfort.

"The love, the kindness, you just don't know how much that means."

Scott was well-loved by his coworkers and professional peers. A memorial golf tournament, the J. SCOTT MORRISON (JSM) Invitational, was established just months after his death and is now in its third year. At Donna's request, funds from the next JSM Invitational will be dedicated to Barlow Respiratory Hospital. Due to the COVID-19 pandemic, the tournament is postponed until it is deemed safe to provide an event that properly honors Scott and provides the experience sponsors and guests have come to expect from the JSM Invitational. We will be back as soon as possible. Please follow @jsminvitational on Instagram for updates or visit www.jsminvitational.com.



Development Zone

Rebecca Suter
Director of Development

Your Generosity Makes a Difference in Times of Crisis and We Are Grateful

Like you, all of us at Barlow Respiratory Hospital are dealing with the various challenges and uncertainties created by the COVID-19 pandemic crisis. Like so many across our Greater Los Angeles community, our doctors, nurses, and medical staff continue to go about their jobs every day, treating our patients who are some of the sickest and most vulnerable of patients with the compassion for which Barlow is known. In the chaos and confusion of these trying times, however, we are heartened by your thoughtful and generous support.

“From the bottoms of our hearts, all of us at Barlow say “Thank You.””

From the bottoms of our hearts, all of us at Barlow say “Thank You” ... for the in-kind donations that have helped shore up supplies of personal protective equipment; thank you to the vendors who have stepped up to ensure our supply chain remains uninterrupted; and thank you to organizations like the Ralph M. Parsons Foundation who

“In this global pandemic, our mission to make a difference in the lives of the sickest of the sick continues.”

responded quickly to our urgent request for help with purchasing much-needed equipment to help during this pandemic. We are grateful to the restaurateurs who have fed our teams while our workforce suited up to serve patients in the hospital and to other staff who adjusted to working from home as needed. Thank you to

our patient families who have faced the hardship of not being able to visit loved ones in our care. Our hearts go out to our patients here at Barlow Respiratory Hospital and across our city who face the uncertainty of illness alone, relying upon nurses to connect them to their families via Zoom, FaceTime or some other technology. They have bravely accepted this hardship and for that we hold them especially dear.

Much is still unknown about COVID-19 and the future is uncertain, but we do know that it is increasingly necessary that we are prepared to deal with what may come. That is why your help is more important now than ever. Our mission is to make a positive difference in the lives of individuals with chronic critical illnesses and complex respiratory conditions in post-acute settings.

So that we can effectively fulfill our mission, we continue to prioritize three areas of funding need:

ReBuild Barlow



1. **ReBuild Barlow:** Construction continues so we can be ready to open the doors on our new state-of-the-art hospital in late 2022. We have no choice but to rebuild. Our main hospital facility was built in 1927 and is too cramped to adequately accommodate modern medical equipment, provide patient comfort, or offer privacy. Our patients need and deserve a facility that reflects the expert care they receive at Barlow and for which we are known.
2. **Ventilator Replacement Project:** To continue providing the specialized post-ICU care for which Barlow is known, we must replace our current fleet of mechanical ventilators, purchased in 2005. These ventilators, state-of-the-art at the time of original purchase, have now reached “end of life expectancy for the term of the product.” As a national leader in post-ICU mechanical ventilation, it is imperative that Barlow acquire new, state-of-the-art devices that provide updated usage modes and strategies to help us improve outcomes and save lives. The future is uncertain these days. As ventilators have become scarce, it is urgent that we continue to be prepared to treat patients and we plan to begin this process of acquisition immediately. Our patients are the sickest of the sick among us and deserve up-to-date equipment that meets the standards for the level of care we provide.
3. **Palliative Care:** Barlow predominantly treats older patients with a median age of 73. Thanks to modern medicine, people are living longer with chronic and advanced illness. According to the National Center for Health Statistics, the average life expectancy for all Americans is 78.6 years. Palliative care is essential to achieving excellent and cost-effective treatment for the growing population of people living with advanced illness. We are currently updating our Palliative Care Program to ensure that all of our patients are treated with the dignity they deserve and their families can be active participants in establishing a long-term plan of care. We are investing in additional specialized training for a multi-disciplinary team of caregivers to ensure the special healthcare needs of our vulnerable patient population are met with compassion, treating the whole patient and not just the disease.

Even amid a global pandemic, our mission to make a difference in the lives of the sickest of the sick continues. We are very thankful for those donors who share our commitment to treat these vulnerable patients. Your support is crucial to our success!

If you would like to help with any of the above programs, or honor a loved one with a memorial gift, please visit our website at www.BarlowHospital.org/foundation or return the envelope included with this publication.

Thank you for caring and thank you for helping.

Board News

We are pleased to announce two new members of the Barlow Foundation Board of Directors.

Krystal Kim



The daughter of a former Barlow Respiratory Hospital patient, Krystal Kim brings a unique and insightful perspective to the board. We are very pleased that Krystal will be part of the Foundation board, helping us fulfill our mission to support the hospital and its goals.

"I am grateful for the opportunity to give back to Barlow. My father was a patient here last year and everyone at Barlow showed our family so much love and compassion while providing the highest level of medical care. I look forward to serving on the Foundation and ensuring that Barlow can continue to treat extremely sick patients like my father." – Krystal Kim

Krystal is capital markets counsel with the Wells Fargo Law Department and currently supports and provides coverage for the M&A Advisory group within the Investment Banking and Capital Markets section of Wells Fargo Securities. Krystal began her legal career as an M&A associate with the international law firm of Jones Day where she advised clients on M&A and capital markets transactions and general corporate matters.

"Krystal not only brings her unique experience as a patient family member to the board, she is an accomplished professional with a great deal of expertise to offer Barlow. We look forward to working with her as we continue with our ReBuild Barlow Campaign." – Amit Mohan

Prior to joining Wells Fargo, Krystal served as in-house counsel at two smaller financial institutions based in Los Angeles. She earned her B.A. in English from Yale University and a J.D. from UC Davis School of Law.

Nicole Kuklok-Waldman



Nicole Kuklok-Waldman is a multi-talented attorney, educator, and small business owner who has served on several non-profit boards during her career. She brings a wealth of expertise that will be useful in helping guide the activities of the Barlow Foundation and is a welcome addition to our roster.

"We're so happy that Nicole has joined the board. She not only has prior experience with non-profit boards, she is an accomplished professional who is very well-connected throughout Los Angeles. She will certainly be an asset and we're looking forward to working closely with her." – Nancy Katayama, Barlow Foundation Board Chair

Nicole is founding partner at ColLABorate, one of LA's premier government relations and strategic communications firms. She is a dedicated champion for businesses and consistently delivers positive and desired results for her clients across a wide range of industries. Nicole also serves as a lecturer at the University of Southern California in the Sol Price School of Public Policy and the Lusk Center for Real Estate.

"I am excited to be part of the Foundation and help bring funds and awareness to the hospital, which is such an important asset and part of the greater Los Angeles healthcare landscape." – Nicole Kuklok-Waldman

Nicole earned a Bachelor of Arts in Political Science from the University of California, Berkeley and a Juris Doctor degree from the Georgetown University Law Center in Washington, D.C. She lives in the San Fernando Valley with her husband, Stuart Waldman, children, and her rescue lab Roxy.

The CARES Act Makes It Easier for You to Give to Barlow

The coronavirus outbreak, the subsequent passage of the CARES Act by the federal government, and current low interest rates have changed the landscape for charitable giving and planning in 2020.

Charitable Contributions

The CARES Act, passed by Congress in March of this year in response to the COVID-19 pandemic and its disastrous effects on the economy, changes the limitations on charitable giving, encouraging individuals and corporations to make cash contributions to qualified charities like Barlow Respiratory Hospital.

1. **New \$300 Universal Charitable Contribution.** You may now deduct up to \$300 per year in charitable contributions even if you don't itemize on your tax return. This is in addition to the standard deduction and helps reduce your adjusted gross income.
2. **Relaxed limitations on deductions for individuals.** Thanks to the CARES act, if you choose to itemize, you will now be able to deduct 100% of your adjusted gross income for charitable contributions instead of the 60% previously allowed. If the contribution exceeds the limitation, you can still carry forward and utilize the excess amount over the following five years.
3. **Relaxed limitations on deductions for corporations.** Under prior law, corporate deductions for cash contributions to qualified charities were limited to 10% of taxable income. The CARES Act increases this limitation for contributions to qualified charities in 2020 to 25% of the taxable income of such corporation. The corporation can also carry forward and utilize any excess amount over the following five years.

Charitable Planning

The low interest rates that resulted in the wake of the coronavirus outbreak create a potential opportunity for you to help Barlow Respiratory Hospital while planning for future generations by utilizing a **Charitable Lead Annuity Trust** or CLAT.

A CLAT is a trust that offers a win-win-win. Barlow Win: the trust provides an annuity payment to Barlow for a predetermined term of years. Family Win: at the end of the term, the remaining assets can be used to fund a trust for your family members. You Win: at the start, you, the grantor, receive an income tax deduction based on the fair market value of the present interest of the annuity payments going to Barlow. Barlow benefits by receiving a predictable, annual payment from the trust; your family members benefit by receiving the remaining proceeds from the trust at the end of the term; and you benefit with a tax deduction now.

The historic low interest rates result in a higher income tax deduction providing an immediate benefit to you as the grantor. This situation could be ideal if you anticipate a large income tax burden and want to contribute to Barlow.

Please consult your tax advisor to determine whether you could benefit from the new provisions in the CARES Act. Your support is always appreciated but is now even more important as we continue to deal with the realities of treating patients throughout the pandemic.

If you want to donate to the Barlow Foundation today, please use the envelope enclosed in the newsletter.

Staff Spotlight

HAO CHEN, RT

Respiratory Care Clinical Supervisor has served Barlow Respiratory Hospital for over 20 years

Barlow Respiratory Hospital has the special skill to wean prolonged mechanical ventilation patients. We have an interdisciplinary team, we cross over, and we share knowledge and skills beyond our specialties.



Over the years, our Barlow patients have become more and more challenging. They are not just from Los Angeles; they fly in from other cities for our specialty in ventilator weaning. Our patients are critically ill and may have multiple organ failure, not just lung problems. They may have failed to wean many times at another hospital. At Barlow, we see difficult-to-wean patients. To be successful in caring for these patients, our team has to do more. We have to have an open mind and think outside the box.

When I see a patient suffering, dependent on the ventilator to breathe, I want to set them free. When they are weaned from the ventilator, they are so happy and that makes me happy. When a family writes a thank you card, or gives me a hug, it means more to me than anything.

I want to help our patients. I want to find every way to do that and to expand my knowledge and my skill. I learn from our patients and from the nursing team, from the rehab team, from the doctors. I teach a class as in-service for our Barlow team and enjoy sharing my knowledge. We believe in cross-training and interdisciplinary team work. This is what led us to use the Passy Muir Speaking Valve to help wean patients. Barlow Respiratory Hospital is a Passy Muir Speaking Valve Center of Excellence.

You cannot succeed by yourself. You have to work together as a team. Our team works together, using all of our skills to help our patients. We can feel proud that our success benefits our patients.

We Are One Team, One Goal, Best Outcomes

Barlow Respiratory Hospital achieves exceptional outcomes for our patients because we have an exceptional, and exceptionally dedicated, team. We take a moment to hear from two of our staff members who have served Barlow Respiratory Hospital for many, many years.

RON GANZON, RN

Registered Nurse has served Barlow Respiratory Hospital for over 25 years



I am very proud of the staff I work with. As one of the nation's leading Long-Term Acute Care Hospitals (LTAC), Barlow gives patients the best possible chance.

The amazing dedication, care and professionalism our team displays day in and day out is unmatched. Our Barlow team continues to improve and adapt new technology to meet the complex medical challenges our patients present. We provide respiratory care and wound care, and more importantly, we provide personalized care.

Some families complain about the small rooms at first, but once they experience the care we provide, their attitude changes. Families tell us how wonderful the staff is, how excellent the care is, how different we are from other hospitals, how we are more compassionate and caring. This is what makes our Barlow staff unique and special. I am inspired to do my best as a part of the "Barlow Team."

Most of our patients are elderly. Every day is precious to them. Being a nurse, we see daily reminders that we are helping patients in a meaningful way. I remind myself that everyone will eventually get old. Our parents, our loved ones, everybody needs care. Especially our elders. For me, that is a driving factor in being at Barlow. It is the people, and the patients. This patient could be my mother, my aunt; someday it may even be me in need of this level of care.

If I can help make the patient feel better, I'm making a positive difference.

We work as a team to give our patients the best possible care and to achieve our goal to be the leading respiratory hospital in the nation.

Through this time of COVID-19, more so than ever before, all of us at Barlow... MDs, RNs, RTs, CNAs, etc... "we are all working together to battle this virus." I respect and admire the staff I work with. As a team we support and console each other. We are there for each other. We are in this together. We are family and we care.

Why Barlow Matters — It Could Happen to You

WHY BARLOW MATTERS

Barlow Respiratory Hospital has served Los Angeles for over a century. We were incorporated as Barlow Sanatorium on April 28, 1902. Our uninterrupted focus on respiratory care is at the core of our reputation for excellence and expertise.

Nearly one thousand patients are admitted to Barlow Respiratory Hospital each year. The majority suffer from respiratory conditions complicated by chronic illness. Their initial hospitalizations may have been precipitated by heart attack, stroke, pneumonia or other respiratory illnesses. Tragically some patients come to us after catastrophic injury. All arrive after lengthy stays in acute-care hospitals, fragile, the sickest of the sick, physically impaired or immobilized by prolonged illness. Most are dependent on a mechanical ventilator to breathe.

Barlow Respiratory Hospital is the place physicians from the finest hospitals trust to refer their patients for admission. Barlow is here when other hospitals have reached the limit of what they can do, when hope seems slim, when initial efforts to liberate a patient from mechanical ventilation have failed.

Barlow Respiratory Hospital's specialized services and expertise in post-ICU ventilator weaning meet a specific need in the continuum of care for medically complex patients. It could happen to anyone.

IT COULD HAPPEN TO YOU

Our typical Barlow Respiratory Hospital patient is over 60 years old and chronically critically ill. Some patients were otherwise healthy before injury or illness led to complications:

- Flu
- Automobile accident
- Heart attack
- Bladder infection
- Transplant

Some Barlow patients were simply going about their everyday lives when tragedy struck:

- A young woman in her 20s walking her dog was struck by a DUI driver
- A young man, visiting friends before going off to college, suffered a brain hemorrhage

Barlow Respiratory Hospital has the expertise to achieve exceptional outcomes for our patients. We take pride in our exceptional, and exceptionally dedicated, team.

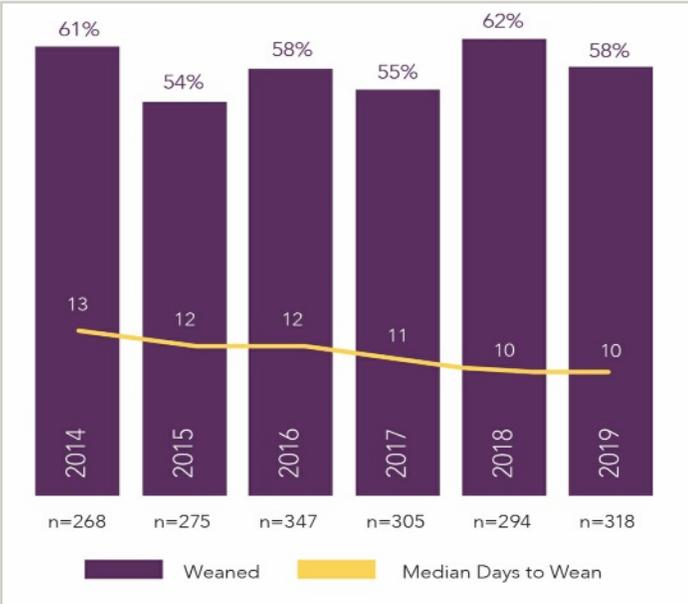
Grant Funding Ensures Barlow is Equipped to Care

The Ralph M. Parsons Foundation has provided Barlow Respiratory Hospital grant funding to ensure we are equipped to serve COVID-19 patients. In addition to ventilators and other critical supplies, funding provided by The Ralph M. Parsons Foundation helped us place an emergency order for VSM Exergen remote monitors that allow our doctors, nurses, and technicians to remotely measure patient vitals and are critical for patient care in the current environment we are facing. This much-appreciated support helps Barlow achieve our goals of best outcomes for our patients and realizes our shared vision in service to Los Angeles.

We are also extremely grateful that one of our healthcare partners, Owens & Minor, has helped ensure a supply of critical personal protective equipment (PPE). We also thank the community-based organizations and individuals who stepped in to provide meals, homemade masks, and messages of support to our clinical teams. We truly are in this together. The continued support of our community has a real impact on our ability to provide services to those in need.

PERFORMANCE OVER TIME

Barlow Respiratory Hospital has consistently weaned more than 50% of patients each year for the last six years while decreasing the number of days to wean.



GIVING OVER TIME

A Legacy of Giving

Your support of Barlow has an extraordinary impact on all that we do. We are grateful for a continued commitment to Barlow Respiratory Hospital by donors whose cumulative contributions over time have had an important impact on our ability to serve patients. We are very thankful for the generous philanthropy of donors who share our commitment to providing compassionate, post-ICU respiratory care for vulnerable patients from across Greater Los Angeles. All gifts – no matter the size -- are appreciated and help a small, specialty hospital like Barlow in a substantial way.

\$500,000+

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Pandemics From Our Past

Barlow Respiratory Hospital has served the community since 1902. Over those many years, time and again when the city has needed us, our physicians and clinical team members have been here.

Just as we have in the past, today we stand ready to serve our community. The care has changed, the community has changed but we remain steadfast in our mission to make a positive difference in the lives of individuals with chronic critical illnesses and complex respiratory conditions in post-acute settings.

We stand ready with years of experience and expertise in serving ventilator-dependent patients. Barlow Respiratory Hospital remains focused on patient care and the well-being of our staff and community.

We are here to meet this challenge with courage and commitment. We have our plans in place and our Barlow clinical teams are prepared. As you will see in the article below, we've been through this before.

The Eastsider

Barry Lank & Jesus Sanchez; Mar 19, 2020

We've been through this before. The deadly influenza pandemic of 1918 -- sometimes referred to as the Spanish Flu -- swept through Los Angeles, prompting the closure of businesses and churches and sparked debates over the merits of face masks. (Sound familiar?) Some influenza patients ended up at Barlow Sanatorium (now Barlow Respiratory Hospital), which had been set up by Dr. Jarvis Barlow almost 20 years earlier to treat tuberculosis patients in a compound next to Elysian Park.

"The Barlow Story," the book that chronicled the history of the hospital, offers a peek into the century-old pandemic: *"Already stretched to the edges of its capacity, the Sanatorium was suddenly hit hard by the influenza epidemic. At one time there were 26 cases down in bed, 14 of them with pneumonia. 'This caused great concern and gave much extra work to our staff,' said Dr. Barlow. 'Not having accommodation for so many (extra) bed patients, many emergencies had to be met, and doctors and nurses were taxed to the limit'.*

In the end, only one patient at the hospital succumbed to the epidemic," the book said.



thank you ~ so much

In-Kind Donors

A Special Thank You to all of the in-kind donors who helped Barlow Respiratory Hospital during the COVID-19 pandemic crisis. Individuals, organizations, local businesses, neighbors and friends all stepped up to help.

Thank You

◆ Jennifer An ◆ Barco Uniforms

◆ Bibi's Bakery and Café ◆ BizFed ◆ Donna Bowker

◆ Alex Bruner ◆ Buddhist Tzu Chi Medical Foundation ◆ Cedar Corporation McDonald's

◆ Chinese American Families in San Fernando Valley ◆ Crafts for Healthcare ◆ GoMacro MacroBars

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Together APART

A Virtual Evening to Support
Barlow Respiratory Hospital

SEPTEMBER 21, 2020

6:30 pm

FEATURING

Wendy Carrillo CA State Assemblymember
Denise Dador ABC7 News Health Reporter
Steve Garvey Dodger Legend, MVP & All-Star
Dennis Gilbert Businessman & Philanthropist
Larry King Legendary TV & Radio Host

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