

BREATHING ROOM

Summer 2019

in this issue

Grateful Patient Returns

Ceremonial Start
of Construction

AT LAST
The Campaign to
ReBuild Barlow

Barlow
RESPIRATORY HOSPITAL

Mike Martinez, Former Patient



CEREMONIAL START OF CONSTRUCTION



L-R: Jason Zayon, Nancy Katayama, Dan Weinstein, CEO Amit Mohan, Medical Director David Nelson, MD, Honorable Gil Cedillo, Michael Berger, CNO Gladys D'Souza, VP Business Development Kirk Watson

Thanks to the hard work, dedication, and generosity of organizations and individuals like you, our longtime dream to rebuild Barlow has at last become a reality.

A small group of donors, dignitaries and family members joined us for the ceremonial start of construction at our historic Los Angeles campus on October 4, 2018. We gathered to celebrate a new beginning for Barlow Respiratory Hospital and to commemorate a special day in Barlow's long history.

When we ReBuild Barlow, we enhance services and build upon our legacy of exceptional, award-winning patient care. This innovative project is designed to revitalize our community, reinforce our historic 1927 hospital building and ReBuild Barlow as a larger, more welcoming facility for patients and families for generations to come.

We are approaching this project in innovative ways. We are not breaking ground to build a new hospital. Instead, we are breaking down walls to Rebuild Barlow from within. Our new state-of-the-art hospital will be built entirely within existing walls of a building adjacent to our historic hospital building at 2000 Stadium Way in Los Angeles.

This will ensure the project moves forward as quickly as possible and at a much lower cost than could be achieved with a ground-up project. We expect hospital construction to be complete in 2022.

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AT LAST

Our Longtime Dream to ReBuild Barlow Becomes Reality

Amit Mohan, PhD, FACHE, FACMPE

Thank you to all who joined us on May 13th for “An Evening Under the Stars.” It was truly heartwarming to see so many friends and guests, nearly 300 people, gathered on the lawn of our historic Barlow Respiratory Hospital campus. The benefit dinner raised \$350,000 for our campaign to ReBuild Barlow.

Allow me to take you back in time for a moment.

At the dawn of the 20th century, a young man in New York contracted tuberculosis and, as was the remedy in those days, he made the arduous journey to the dry climate in California to recuperate. He recovered his health and was so grateful that in 1902 he decided to help others and established a tuberculosis sanatorium. You have probably guessed who that young man was: Dr. W. Jarvis Barlow. What is now Barlow Respiratory Hospital has continued to define care for the sickest of the sick in Southern California; first as a tuberculosis sanatorium; then caring for patients confined to an iron lung; and today as a destination for critically ill patients requiring an extended hospital stay.

Just as Dr. Barlow’s experience with tuberculosis over a hundred years ago in New York impacted the care of patients 3,000 miles away here in Southern California, you can help create a butterfly effect by donating to ReBuild Barlow. This will impact care for generations to come. Our main hospital building on our Los Angeles campus was built in 1927, long before the advent of

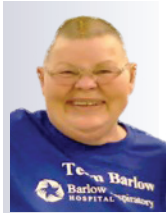
life-saving respirators and other essential medical equipment. As medical science has advanced and our expert medical teams have expanded, the hospital’s already small rooms became crowded and uncomfortable.

We do not want to fall short in providing the comfort and dignity our patients need and deserve. Despite clinical outcomes that outshine other long-term acute care hospitals, and despite our best effort, some patients spend their last days here in our hospital. It is especially for those patients and for their families that we feel compelled to move forward as quickly as possible. We are working to Rebuild Barlow NOW to provide our patients and families a better experience while they are here with us.

With your support, our physicians and caregivers, inspired by our mission and driven by shared commitment, will work to serve patients for generations to come. We work as one team with one goal of achieving the best clinical outcome. In the coming months, we will ReBuild Barlow from the inside out. We will preserve much of the exterior and then redevelop the entire campus, all without interruption of patient care.

Thank you to all who take this journey to create the butterfly effect that continues our legacy as we ReBuild Barlow.

Traumatic Brain Injury Doesn't Stop Her from Helping Community



Militsa Brennan is still a bit forgetful, but that hasn't stopped her from working to organize the Annual Frazier Mountain Health Fair she created for her community. Nothing will keep her away.

Militsa suffered a traumatic brain injury when she was thrown from her horse on the way to another annual event she established, the 9/11 Ride, in 2016.

She was hospitalized for months and was dependant on a mechanical ventilator to breathe. She was transferred to Barlow Respiratory Hospital in Van Nuys from the ICU. Once she was able to breathe on her own and speak again, she charmed the staff with her hearty laugh and quirky sense of humor. She also kept us busy with her energy and determination to be up and about, "I was a handful!"

Militsa spent more months in rehabilitation before returning home. As soon as she could dial a FAX machine, she was sending out information on the Health Fair. Just days after surgery, in June 2017, she was at the Kern County Board of Supervisors to argue against a fee that had been proposed for holding the Health Fair. She had rallied a small army of community members to gather at the meeting. The fee was shelved.

"I'm a person who gets things done," says Militsa.

Grateful Granddaughter Celebrates Special Days



Christina Roman was determined to celebrate every moment she had with her grandmother. She spent most of her days and nights at her grandmother's bedside at Barlow Respiratory Hospital at PIH Health Hospital, Whittier.

When the family was called into an emergency meeting with doctors, nurses, a social worker and specialists, Christina knew the news would not be good. "They made us feel like we were not alone. I could see the pain in their faces. I knew everyone did everything in their power to give her the best possible quality of life."

Her grandmother had been in and out of hospitals for nearly twenty years, but it hadn't always been that way. "Before she got sick, my grandmother was very, very active. She was widowed at twenty-seven and raised three children on her own, in a foreign country where she did not know the language. She encouraged me."

Surrounded by family and attended to by Barlow staff, Christina's grandmother passed away at Barlow Respiratory Hospital. "I am grateful that I could celebrate my grandmother's life to the fullest. The support from the hospital staff was a life-changing experience for everyone in my family!"

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ON THE COVER
Mike Martinez,
Former Barlow Patient
Photo by Graham Streeeter

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FORMER PATIENT ROARS BACK

Since being discharged home five years ago, Barlow Respiratory Hospital patient Mike Martinez has celebrated his 37th wedding anniversary, walked his daughter down the aisle, held newborn grandchildren, blown out the candles on birthday cakes, reconnected with old friends, and reprioritized his life to focus on family.

Mike and his wife Aida attended our “Evening Under the Stars” event at Barlow Respiratory Hospital in Los Angeles and brought daughter Teresa, son-in-law Martin and granddaughter Victoria with them. “She’s Teresa’s first, and she’s precious to us, but she’s not our first. We have eight grandchildren. We had three grandchildren born in the past year and the ninth is on the way.”

These family milestones are possible because, as Mike puts it, “Barlow Respiratory Hospital gave me life.” When Mike suffered a massive heart attack in 2014, Aida was at his side. She never left him.

Mike slipped into a coma. The machine - the ventilator - was the only reason he was breathing.

Aida, their adult children and Mike’s mother were in the room when the doctors told Aida to turn the machines off. Aida refused to give up hope.

Mike was transferred to Barlow Respiratory Hospital where he was weaned from the ventilator and regained his strength. He returned home to his loved ones and his beloved Harley Davidson motorcycle. This year he returned to thank our Barlow family for a second chance at life.

Our Barlow Respiratory Hospital “Evening Under the Stars” benefit dinner was held on our historic Los Angeles campus during National Hospital Week (May 12-18). The 2019 theme for Hospital Week was “Hope and Healing.”

Mike brought that theme to life — when he arrived at the event on his shining Harley Davidson motorcycle. His dramatic (and noisy) entrance showed us what hope and healing really looks like.



“**BARLOW**

gave me a second chance at life, and the chance to hold my beautiful granddaughter.””



WHEN WE REBUILD BARLOW

*When a family member is ill,
the entire family suffers.*

We know how difficult it can be for our patients and their families. So when we ReBuild Barlow, we will create a soothing environment with a meditation room, a healing garden and enhanced, spacious patient rooms. There will be wider hallways, and a welcoming lounge and lobby for families. It will be a place where families can come for comfort and solace.



- When we ReBuild Barlow, the expanded state-of-the-art hospital will enable our physicians to make the most of new technologies and advances in medicine, treating patients with the care they deserve.
- When we ReBuild Barlow, we will have an expanded intensive care unit, new imaging suite, new pharmacy and room to make the most of evolving technologies.
- When we ReBuild Barlow, we build upon our legacy of care and compassion.
- We can never know what fate has in store for us. A bout of the flu, a traffic accident, a fall at home, an unexpected medical emergency can lead anyone to the ICU and to a need for the specialized care that only Barlow Respiratory Hospital can provide. We provide hope when others have given up...
- Imagine how devastating it would be if we weren't here in your time of need.

We ReBuild Barlow today so we're there if you need us tomorrow.

Reinforce | ReBuild

Our innovative Master Plan to ReBuild Barlow increases the size of the hospital and expands services at a much lower cost than previously projected. This includes a major seismic upgrade and brings our long-planned hospital expansion and modernization project to fruition.

Hospital structures built between 1902 and 1983 required seismic reinforcement and additional upgrades. The multi-phased project, which is in the early stages of implementation, concludes the required major seismic retrofit and allows the historic hospital to continue to operate while a new hospital is being constructed.

Expand | Enhance

When we ReBuild Barlow, we will expand to provide more spacious, and more private, patient rooms. We will enhance our patient and family experience with a welcoming lounge and new lobby for families. We will create a soothing overall environment with a meditation room and a healing garden.

We will enable our physicians, nurses, respiratory care professionals, and our entire interdisciplinary healthcare team to make the most of new technologies and advances in medicine.

We will provide the advantage of an expanded intensive care unit, new imaging equipment and a new surgical suite.



Images are artist renderings of the new Barlow Respiratory Hospital - Courtesy of Zakian Woo Architects

DEVELOPMENT ZONE

Rebecca Suter
Director of Development

As a non-profit hospital, we rely on the generosity of our philanthropic partners to help offset the cost of uncompensated care.

We invite you to take a journey with us. Our Barlow Respiratory Hospital mission is to make a positive difference in the lives of individuals with chronic critical illnesses and complex respiratory conditions in post-acute settings. We care for seriously ill patients suffering from a constellation of complex medical issues. The most esteemed hospitals in the region, including Cedars-Sinai and UCLA Medical Center, refer patients to us for the specialized Award-winning care that only we can provide. Families whose loved ones are hospitalized at Barlow tell us how much our expertise and our personalized teamwork approach means to them.

Barlow Respiratory Hospital is the only not-for-profit long-term care hospital in California. Unlike a for-profit hospital, we have no shareholders and all of our operating margins – what businesses call profits – are reinvested in medical technology, educational programs and healthcare services.

We care for each patient with equal clinical and personal attention regardless of ability to pay. While our services are primarily funded by payments from health insurance, the overwhelming majority of our patients live below the poverty level with Medicare and Medi-Cal as their insurance. This means we are reimbursed at or below our costs and operate on extremely tight margins. The cost of uncompensated care makes it difficult to earn an operating surplus that could contribute to the construction of a new hospital.

Why We Need You

You can help us build a new state-of-the-art hospital that our patients and their families deserve. We have no choice but to rebuild. Structures on our historic Los Angeles campus have stood for 117 years. Our main hospital facility was built in 1927 and is too cramped to adequately accommodate modern medical equipment, provide patient comfort, or offer privacy. Rooms are small, hallways are narrow and there is limited space for patient families to gather.

We Are Taking Action

We are currently in the midst of a required earthquake retrofit, which is slated for completion in 2020. Immediately after, we will begin to tear down walls in an adjacent building to ReBuild Barlow from within. This will be more cost-effective than from the ground-up construction and will allow us to continue to provide our patients with uninterrupted care.

Be There With Us in 2022

We expect to open the doors of our new hospital building in 2022. It will be a modern, state-of-the-art facility that will provide the exceptional care, hope and healing our patients and their families need and deserve. It will carry on our legacy of caring.

CREATE A LEGACY

When you join us to ReBuild Barlow, you invest in Barlow's future and you help us:

- Reinforce and Modernize Our Historic 1927 Hospital Building
- Build a Brand New ICU with Larger Space
- Increase Hospital Capacity
- Double the Single Room Size
- More Than Double the Shared Room Size
- Build a New Therapy Suite
- Build a New Radiology Suite
- Build a Meditation Room
- Build a Brand New Pharmacy to Better Support Patient Care
- Build a Sleek New Hospital Within Existing Walls
- Build Upon Our Legacy of Exceptional, Award-Winning Patient Care
- Give Our Patients and Families the Gift of More Time with Loved Ones

Join us on our journey as we ReBuild Barlow by making a contribution today. All contributions are tax deductible and all contributions – of any size – matter. Simply use the enclosed envelope and send us a check to or go to our website at www.BarlowHospital.org to make a contribution online.

The Rebuild Barlow fundraising campaign will help fund our multi-phased project including a brand new state-of-the-art hospital that will serve patients, families and our community for generations to come.



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foundation@barlowhospital.org

OUTCOMES AND EXPERTISE

David R. Nelson, MD,
Medical Director, Barlow Respiratory Hospital



Barlow Respiratory Hospital's commitment to provide the highest quality care for our patients is illustrated by the exceptional outcomes we report. In 2017, we published our first Outcomes Book and plan to publish the 3rd annual edition late in 2019. Personally, I am proud of the publication because it serves to underscore our everyday achievements in patient care.

Barlow Respiratory Hospital is a high-volume regional weaning center. Volume matters. As clinicians, when we treat a high volume of patients with the same condition, we become experts in treating those conditions. At Barlow, we focus on serving chronically critically ill patients with complex respiratory conditions who benefit from our expertise.

Our multidisciplinary medical team includes pulmonologists, internists, registered nurses and respiratory and rehabilitation therapists who work in close collaboration to treat ventilator-dependent patients at each of our three Barlow locations.

We are nationally recognized for our expertise. In 2018, Barlow Respiratory Hospital was recertified and awarded the Gold Seal of Approval® for Disease Specific Certification for Respiratory Failure. We are the only hospital on the West Coast, and among fewer than two dozen hospitals nationwide, to attain this elite certification. Barlow was also awarded the designation as the only West Coast Passy-Muir Center of Excellence, recognized for treating patients with tracheostomies, on and off the ventilator.

I continue to teach at the David Geffen School of Medicine, at UCLA and Barlow serves as a clinical training site for respiratory therapy, nursing, physical, occupational, speech therapy and clinical nutrition allied health professionals. We have also served as a teaching hospital for medical students at the Keck School of Medicine of USC. Educating medical professionals of the future to care for the chronically critically ill is a vital role Barlow plays in our community, and one in which we take great pride.

We are outcomes-oriented, team-focused and patient-centered.

AN EVENING UNDER THE STARS

A Benefit to ReBuild Barlow Respiratory Hospital



(See more photos on the Barlow Respiratory Hospital Website and Facebook page)

We recently kicked off our Campaign to ReBuild Barlow with a benefit dinner. AN EVENING UNDER THE STARS was held on the lawn of our main campus on May 13th. The evening honored Councilmember Gil Cedillo with the Community Leadership Award and Los Angeles Dodgers Legend Ron Cey with the Legacy Award and included luminary guests from Hollywood, City Hall and Sacramento as well as civic and business leaders from every corner of Los Angeles.

The event was a wonderful beginning to our campaign and raised nearly \$350,000. Our hospital fundraising has so far achieved over \$4.3 million, approximately 44% of our overall goal. That's good, but we still have a long way to go. We're counting on you to help and to journey with us to achieve our goal!

You can walk the campus at Barlow Respiratory Hospital in Los Angeles, or the halls of our satellite locations in Van Nuys and Whittier, to see firsthand the impact donors like you have on the services we provide and the care our patients receive.

The Barlow Foundation is committed to facilitating philanthropic support on behalf of the patients and families at Barlow Respiratory Hospital by applying for grant funding, engaging our community partners, and appealing to you, our friends and supporters.

Your support makes a difference in the day-to-day operations of the hospital, as well as our long-term goal to ReBuild Barlow.

EQUIPPING OUR TEAM FOR QUALITY CARE

Translation Anyone? CyraCom Helps Our Team Translate Like Champions

CyraCom video interpretation helps our Barlow teams communicate in a patient's preferred language in seconds. CyraCom operates 24/7 and supports hundreds of languages including American Sign Language.

Our team members can select the appropriate language and adjust camera and sound to serve the needs of our patient or family member. Each Barlow location has multiple CyraCom video interpretation units to ensure ADA and HIPAA compliant, consistent, reliable, real-time interpretation.



CyraCom Translation Unit

At our Los Angeles location, our Barlow team members have affectionately dubbed the units T6 & T7 named for our Barlow TIPS Weaning Protocol steps. At Barlow Respiratory Hospital, we know how meaningful it is to have a full understanding of care plans, procedures and prognosis. CyraCom helps us communicate with patients and families.

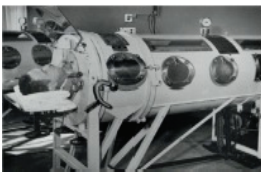
Respirator Renewal A Breathing Room Essential

Barlow Respiratory Hospital admitted our first patient for weaning from prolonged mechanical ventilation in 1970. Since then, our Ventilator Weaning Program has achieved a success rate of 62%, the highest in Los Angeles County and among the highest in the nation.

We are proud of our expertise in ventilator weaning. It is our mission to make a difference in the lives of our patients. Our achievements are made possible because our team is dedicated to continuous improvement in serving our patients with the best quality care.



Ventilator Weaning Program



Iron Lung - Circa 1950

As we look to the future at Barlow Respiratory Hospital, we expect increasing demand for our specialization in critical care medicine and ventilator weaning. Our population is living longer and intensive care medicine continues to advance to help increasing numbers of patients survive catastrophic illness. The mechanical ventilator is life-saving equipment central to our patient care protocols.

Our current ventilator inventory has served us well, but it is time to replace ventilators currently in service at Barlow Respiratory Hospital. This is an essential commitment to ensuring we provide the best care to our patients with state-of-the-art equipment. As we advance in our evaluation and selection process, we consider state-of-the-art ventilators best suited to meet the needs of our patient population.

Your support of Barlow Respiratory Hospital contributes to the care our patients receive.

Michael H. Kelly Joins Barlow Foundation Board



We are pleased to welcome Michael H. Kelly to the Barlow Foundation board. He is a seasoned professional who currently serves as Executive Director of the Los Angeles Coalition for the Economy & Jobs, a non-profit organization, and brings a breadth of experience in both the private sector and California state government. He was Manager of California Government Relations for the Boeing Company and was appointed by both Governors Gray Davis and Arnold Schwarzenegger to the California Film Commission. He was also appointed by Governor Jerry Brown to the California Workforce Investment Board.

"We look forward to working together to advance the goals of the hospital with the campaign to Rebuild Barlow."

Amit Mohan, PhD, FACHE, FACMPE
President & Chief Executive Officer
Barlow Respiratory Hospital

He currently serves on the Board of Trustees at AltaSea at the Port of LA and is chair of FUSE Corps L.A. Advisory Committee and of Philanthropic Foundation for CSU, Dominguez Hills. Mr. Kelly received an economics degree from the University of Massachusetts at Amherst and a Master's in Public Administration from the University of Southern California where he was a Dean's Merit Scholar.



At Barlow Respiratory Hospital, our reason for being is to give families more time with loved ones and to give patients a chance to return to the homes and the lives they love.

We welcome you to take the journey with us as we engage a long-anticipated plan to
ReBuild Barlow.

THANK YOU!

Barlow Respiratory Hospital was able to do so much in 2018.

Our friends and donors made many things possible for our Barlow Team:

- 352 patients were able to speak to loved ones after prolonged silence thanks to the Passy Muir speaking valve
- 800 families were able to enjoy more quality time with loved ones



Reduced time to wean and increased percentage of patients successfully weaned from mechanical ventilation

Our Barlow Respiratory Hospital TIPS[®] Ventilator Weaning Program has achieved an unparalleled success rate of 62%. That means more than you can imagine.

Once weaned from the ventilator, our therapeutic rehabilitation team works to facilitate improved strength and to prepare our patients for ongoing recovery. When discharged, our patients can return home to loved ones or to the appropriate lower level of care.

Gloria Zee recovered to return home in time to enjoy the holidays with her family. She was there to applaud her granddaughter's performance in the Nutcracker ballet. "She loves to dance!"



Thank You For Supporting

AN EVENING UNDER THE STARS

A Benefit to ReBuild Barlow Respiratory Hospital

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