

LTCH & LEVELS OF CARE

WHAT TO EXPECT : POST- ICU CARE



When your loved one is hospitalized in the ICU in an acute care hospital, dependent on a mechanical ventilator to breathe, you need to know what to expect. After they are stable, discharge to another hospital will be scheduled for specialized respiratory care.



This is called transfer to a lower level of care and is most often to a respiratory hospital or long-term care hospital (LTCH/LTACH). These are medical facilities that serve patients with complex medical needs who require longer hospital stays and need highly specialized care. Stays are typically less than 30 days.



As soon as your loved one is medically stable, discharge to another facility, a lower level of care, or home, is scheduled.



At this point, they may benefit from a Skilled Nursing Facility, Acute Rehabilitation, or home with Home Health Care.

Hospitals and insurance providers work closely to ensure your loved one is provided with an individualized treatment plan with the goal of moving to the next lower level of care, as soon as they are medically able.

We understand that when a loved one is ill or injured, dealing with a hospitalization can be difficult for family members and we encourage you to ask questions or visit for a pre-admission tour.