

BREATHING ROOM

Summer 2018



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Thank You Barlow

Master Plan

ReBuild Barlow Campaign

Barlow
RESPIRATORY HOSPITAL

A GARDEN TRANSFORMATION

WHY THE CHANGE?

The simple answer is water usage.

Our Barlow Respiratory Hospital landscapes are being changed to transition from turf to drought resistant, drought tolerant, hardscape style landscapes. Boulders, pathways, beds, mulch, and the plants themselves all serve a purpose. While boulders and stones are for aesthetics they also provide a habitat for the local lizards that clean up garden pests.

Mulch is used as the main ground cover because it holds moisture, slows weed growth, and eventually breaks down and improves the soil quality. White gravel pathways provide an aesthetically pleasing break in the visual display of the entry gardens and are a low-maintenance way to support foot traffic through the gardens. The garden beds are each focused on a single Dwarf Japanese Maple. In time, these will grow to be the focus point of each bed. They are currently surrounded by various plants that provide fragrance, color, and texture with ground cover plants that include Santa Barbara Daisy, fan flowers, blue daisy. A combination of agapanthus, flax, and bird of paradise were used to provide depth for the other plants. The bird of paradise was also used to break up the area near the fire hydrant to effectively hide the unsightly necessity. Various succulents were used in combination to fill in along the main entrance to provide color and attract birds and pollinators.

The overall focus of the Barlow garden project was to reduce water usage, increase aesthetics, and promote habitats that will invite insects, birds, and reptiles that will benefit the landscape.



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A FEW WORDS ABOUT THE MASTER PLAN

Dear Friends,

As friends and supporters of Barlow Respiratory Hospital, I am certain you are aware that we have been planning a new hospital building for many, many years.

I am pleased to announce that we are now moving forward with construction.

This edition will share important details of the Master Plan for the future of Barlow Respiratory Hospital and will introduce you to the Campaign to ReBuild Barlow. One of the best things about this is the realization that we can carry this out at a significant cost reduction. That does not mean it will be easy or cost-free. The Campaign to ReBuild Barlow has been entirely re-imagined in a way that makes it possible for donors and supporters of all levels to contribute in meaningful ways.

We welcome your questions, and most of all, we welcome your continued support. This plan has been delayed more times than we would wish and is long past due. This plan brings us at last into the future and we appreciate each of you who have remained connected to us as we worked through complications and delays. We hope you will continue on this journey with us as we ReBuild Barlow to create the Barlow Respiratory Hospital of the future.

With best wishes,



A handwritten signature in blue ink, appearing to read "Amit Mohan".

Amit Mohan, PhD, FACHE, FACMPE
President & Chief Executive Officer
Barlow Respiratory Hospital

A handwritten signature in blue ink, appearing to read "David R. Nelson".

David R. Nelson, MD
Medical Director
Barlow Respiratory Hospital

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“Thank You Barlow”



Our patients continue to tell us about their experience at Barlow and have been generous in their praise.

Barlow Respiratory Hospital has been recertified by the Joint Commission with the Gold Seal of Approval® Certification for Respiratory Failure, the FIRST healthcare organization in California to achieve this certification, awarded after a rigorous on-site review and compliance evaluation of care standards and clinical practice and performance measures.

Barlow has also been selected as the ONLY Center of Excellence in the Western United States for the Passy

Muir speaking valve, recognized for treating patients with tracheostomies, on and off the ventilator.

It is our expertise and our exceptional team that make these achievements possible.

Jenny DeWitt laughs when she remembers regaining her ability to speak at Barlow Respiratory Hospital. She is known as a talker. She was hospitalized at Barlow Respiratory Hospital in Van Nuys and was weaned from the ventilator and fitted with a Passy Muir Speaking Valve.

To hear a loved one's voice again is a gift. Jenny's family was extremely grateful. Her grandsons were thrilled. As a thank you, the family agreed to be filmed for a Passy Muir Speaking Valve educational video that will help to train respiratory, rehabilitation and healthcare professionals on how to prepare for and use the valve. But it was more than not being able to speak.

Jenny, a retired Adult Education teacher, is the heart of her family and her husband and two adult daughters feared they would lose her.

The emotions were still fresh with husband Kevin when we visited the family home after Jenny's discharge from Barlow. In a cozy living room filled with plants, pottery, family photos and framed needlepoint, and with tears welling in his eyes, Kevin struggled to put the experience into words.

"When you almost lost..." he paused for a breath and to gather his thoughts, momentarily unable to go on. Then, he found another way to phrase his thought, "and then you won," he smiled and recounted how they had celebrated their 46th wedding anniversary while Jenny was still hospitalized at Barlow.

Jenny reminded us that she was aware how much our entire Barlow team contributed to her recovery, "It does take a village. Thank you Barlow!"

“

I knew about Barlow as a Sanatorium for Tuberculosis. I grew up around there. I saw Dodger Stadium being built. I was surprised to learn that Barlow could help me and I was so glad when I got there. It was like a miracle. Now, I have something to live for. I started crying, not crying like a baby, but tears of joy." - PS

"I'm blessed to be here today. When I came in to Barlow, I was pretty close to death. If I'd been anywhere else, I'm not sure I would have made it. Your team was awesome. Thank you, Barlow!" - SL

”

LOOKING FORWARD

Support Us To

ReBUILD BARLOW



“After extensive study, we have determined an innovative way to build a new hospital and expand services at a much lower cost than previously projected.”

By Amit Mohan, PhD, FACHE, FACMPE
President & Chief Executive Officer, Barlow Respiratory Hospital

Barlow Respiratory Hospital is a not-for-profit hospital with a legacy of more than one hundred years of specialized services. Our patients are chronically critically ill, the sickest of the sick, often hovering between life and death.

Physicians and family members turn to Barlow Respiratory Hospital for hope when there seems to be no hope. They trust our expertise and our reputation for exceptional care for the sickest of the sick.

Over the past several years our goal to build a new hospital to meet seismic requirements faced daunting challenges. We feared we may have to abandon both our current building and our desire to fulfill our mission in a modern patient care space.

Then, a comprehensive engineering study indicated we could build a brand new hospital within an existing, adjoining underutilized structure. Our Master Plan to ReBuild Barlow reflects a significant rethinking of how to support the life-saving care provided to patients served by Barlow Respiratory Hospital. Work has already commenced on the scoping phase.

We plan to begin construction in October on our Master Plan to achieve our objective to create an entirely new higher capacity modern hospital to serve patients for generations. When we rebuild the hospital from the inside out within the walls of our existing hospital building, it saves us the cost and commotion of breaking ground on a new building. It preserves the significant history of Barlow, and expands services on campus – all for a much lower cost than building a new hospital from the ground up.

We look forward to your support in helping us complete the construction. Please consider donating and being a part of this important campaign. Naming Rights as well as space on our Legacy Wall are available and all contributions will have a lasting impact.

Sincerely,
Amit Mohan

“Our Master Plan to ReBuild Barlow creates a new hospital to serve patients and families for generations with the extraordinary care unique to Barlow.”



Questions and Answers: The Master Plan to ReBuild Barlow

A new outlook on how to achieve the best for our patients and for our hospital's future. The Barlow Master Plan is here. Here's what you need to know.

Q: New hospital Projects have been presented before.

When will work on his project begin?

A: Permits have been obtained, a contract has been awarded and work has already commenced on the scoping phase of the required seismic retrofit of the main hospital structure.

Q: How much will it cost?

A: When we rebuild the hospital from the inside out within the walls of our existing hospital building, we can complete the project at a much lower cost than building a new hospital from the ground up. We believe this approach is fiscally more prudent.

This new master plan to ReBuild Barlow Respiratory Hospital is significantly less expensive and less disruptive than previous plans. This also allows us to move forward more quickly.



Q: What about funds raised in the past?

A: We are fortunate to have the continued support of individuals and foundations who made an earlier commitment to fund our new hospital and who have agreed to align previous donations with this project to ReBuild Barlow.

Q: Will there be a capital campaign to raise funds for the hospital?

A: Yes and No. We will unveil a new Campaign to ReBuild Barlow in the coming months and will invite you to participate at whatever level of support is most comfortable for you. This campaign has been entirely re-imagined in a way that makes it possible for donors and supporters of all levels to contribute in meaningful ways.

Q: What will the new hospital look like?

A: Our new hospital will feature a sleek sophisticated exterior and a state-of-the-art interior that will function as a high capacity modern hospital to serve patients for generations. Our patient care experience and our commitment to providing exceptional service will not change. Our new hospital will:

- Protect, Preserve and Reinforce Our Historic 1927 Los Angeles Hospital Building
- Increase our current 6 Bed Open ICU Unit to a New ICU Unit with 8 Private Beds
- Increase Private Bed Count from 15 private rooms to 26 private rooms
- Increase Single Room Size from 140 sq ft to 267 sq ft
- Increase Shared Room Size from 205 sq ft to 450 sq ft
- Build Brand New Nursing Stations
- Build a New Therapy Suite
- Build a Surgical Suite for On-site Procedures
- Build Upon Our Legacy of Exceptional, Award-Winning Patient Care



Artist Rendering of new Barlow Respiratory Hospital lobby
Zakian Woo Architects

Q: When will the project be completed?

A: This multi-phased plan includes long-range and immediate improvements to Barlow Respiratory Hospital's main location in Los Angeles. Our expectation is to open the doors to our new hospital building in 2022.



Q: What about patient care during construction?

A: Work has already begun to complete necessary retrofits to our existing hospital. This enables us to continue to provide care in our current building while the construction of new a hospital is completed within the adjoining space. The Barlow Master plan is designed to ensure minimal impact to overall patient care throughout the project.

Q: Can I see what's going on?

A: The majority of the work to ReBuild Barlow will take place within the existing hospital walls. This allows us to move forward with minimal impact on our neighbors and surrounding community. We welcome you to contact us for a tour at any time.

Q: How can I help?

A: Details on The Campaign to ReBuild Barlow Respiratory Hospital will be unveiled very soon. We invite you to connect directly with our Barlow Foundation Director of Development, Rebecca Suter 213-202-6840 or by email rsuter@barlowhospital.org

Mail a donation in the enclosed envelope or make a safe, secure donation online at www.barlowhospital.org

Thank you for your continued support of Barlow Respiratory Hospital.

Nursing Notes

Gladys D'Souza — Excellence & Our Nursing Team



Gladys D'Souza,
MSN, MBA, is
Barlow Respiratory
Hospital's
Chief Nursing Officer

This year's annual Nursing Week theme was
"Nurses Inspire, Innovate and Influence."

This theme captured the extent of our impact as
nurses on the healthcare industry and our continued
effort to achieve excellence in service of our specific
patient population.

“We work collaboratively.”

There are nearly 3.8 million nurses in the United
States workforce and nursing is frequently recog-
nized as one of the most trusted professions. That
public trust empowers us to achieve the best
outcomes for our patients here at Barlow Respiratory
Hospital.

Looking back over this past year, our nursing team
has successfully worked to inspire, innovate and
influence our Barlow teams to control hospital
acquired infections and pressure injuries. By imple-
menting best practices in infection control and
antibiotic stewardship, we are ensuring our patients
receive the best possible care while here at Barlow
Respiratory Hospital. We cannot do it alone. We work
collaboratively with our physicians and pharmacists
to influence and inspire continuous improvement on
behalf of our patients and their families.

Our Barlow Respiratory Hospital nursing team works
to consistently achieve excellence in patient care.

Barlow Respiratory Hospital RN Residency Program Trains our Nurses

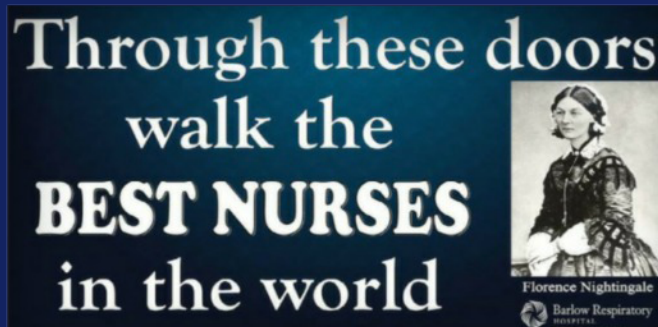
Barlow Respiratory Hospital Nursing
Residency Program is an in-depth training to
prepare new graduate nurses with the
specialized skills needed to care for medically-
complex and ventilated patients.

*"Nursing is essential to the
exceptional level of
patient care that Barlow
Respiratory Hospital is
known for."*

Gladys D'Souza
Barlow Respiratory Hospital Chief Nursing Officer

The Program is an in-depth six week hands-on
educational requirement for all newly hired
nurses. It prepares our nurses to serve patients
at all three locations: Barlow Main in Los
Angeles, Barlow at Valley Presbyterian Hospital
in Van Nuys and Barlow at PIH Health Hospital-
Whittier.

Barlow's Nursing Residency Program serves to
deepen our nurses' level of expertise. In addition
to registered Nurses, our professional
interdisciplinary healthcare team includes Board
Certified Physicians, and Licensed Respiratory,
Physical, Occupational and Speech Therapists.



Physician's Corner

Why Barlow?

David R. Nelson, MD

Medical Director, Barlow Respiratory Hospital

Barlow Respiratory Hospital interdisciplinary staff works as a team to serve our patients and their families. Patients are generally transferred to Barlow from hospital intensive care units in Los Angeles County and beyond. Our patients come to us after prolonged hospitalization brought on by catastrophic illness or injury. It is our challenge as clinicians to make them better.

Barlow Respiratory Hospital is a unique place to practice medicine, offering many challenges and joys to me and to my fellow physicians and staff.

Families often ask their referring physician, "Why Barlow?"

Our expertise in caring for patients with complex respiratory issues is unique to Barlow Respiratory Hospital and it matters.



We are a national leader in weaning patients from the mechanical ventilator and our focus has helped us serve patients with a level of expertise not found anywhere else in Los Angeles.



Barlow Respiratory Hospital treats patients who are chronically critically ill with multiple medical problems. We are a national leader in weaning patients from the mechanical ventilator and our focus has helped us serve patients with a level of expertise not found anywhere else in Los Angeles. We treat a wide variety of pulmonary disorders such as chronic obstructive pulmonary disease (COPD), asthma, and other chronic breathing disorders.

In the medical profession, there are truly difficult days but there are many real rewards.

Why Barlow?

Our team here at Barlow work together to provide exceptional care for our patients and comfort for family members. We cannot work miracles, but we can often give families the hope of recovery and more quality time with a loved one in our care. Having that kind of impact means a great deal.

I am proud of Barlow's unique expertise in respiratory care.



David R. Nelson, MD

Medical Director, Barlow Respiratory Hospital

Say Hello to the New BARLOW Logo



WE HAVE REDESIGNED OUR BARLOW LOGO.

This new look serves to renew our commitment to what we do and what we believe in. Barlow Respiratory Hospital continues to honor our legacy of respiratory care and our commitment to excellence.

Patients will still benefit from the same personalized expert care at Barlow Respiratory Hospital. Families will still experience a welcoming inclusive atmosphere at Barlow Respiratory Hospital. And now, you'll see it all in a new light with our new logo and our ongoing visual transformation.

Community Benefit

Barlow Respiratory Hospital commitment extends to education of physicians, and healthcare professionals. Barlow Respiratory Hospital serves adult patients at each of our three Los Angeles County locations: Los Angeles, Van Nuys and Whittier, California. Our education and outreach activities benefit the greater community and local schools. Barlow serves as a teaching site for University of Southern California and University of California Los Angeles Medical School students. The hospital also hosts allied health professional school programs through affiliations with universities, community colleges and vocational training centers. Our Community Health Needs Assessment and annual Community Benefits Plan Update are shared with community service-provider groups to inform about community benefits activities and services. The full report can be found on our website. www.barlowhospital.org

SOME OF THE BARLOW COMMUNITY BENEFIT ACTIVITIES



QUIT SMOKING CLASSES

Freedom from Smoking is a FREE a seven week, eight session workshop offered as a community benefit by Barlow Respiratory Hospital in partnership with the American Lung Association. Register today. quitsmokingnow17@gmail.com



LUNG RANGERS / BETTER BREATHERS CLUB SUPPORT GROUPS

Barlow Respiratory Hospital partners with the American Lung Association to provide support groups to former patients and community members living with chronic lung conditions. The groups meet at our Los Angeles campus.

ASTHMA ASMA 哮喘

Ask school nurse or call 323-640-9670



www.barlowhospital.org
Barlow Respiratory
HOSPITAL
Trusted • Proven • Award-Winning



www.lacbreathmobile.com

The LAC+USC Breathmobile program is a comprehensive, mobile-based pediatric asthma disease management program that delivers asthma-specialty care to children at no cost to their families.



BREATHMOBILE SERVES CHILDREN AT BARLOW

Barlow Respiratory Hospital partners with LA County Department of Health Services LAC+USC Breathmobile, a mobile pediatric health clinic to serve low income children with asthma to bring no-fee services to our Los Angeles campus every other month. Families schedule by calling 323-640-9670

BARLOW FOUNDATION BOARD

Rebecca Suter, Director of Development, Barlow Foundation

Welcome New Board Members

The Barlow Foundation was founded in 1994 as a separate charitable 501(c)(3) organization dedicated to advancing the mission of Barlow Respiratory Hospital. The Barlow Foundation has three purposes:

- To educate and engage with the community on the hospital's behalf
- To fundraise for the hospital
- To steward funds raised on behalf of Barlow Respiratory Hospital

At the Barlow Foundation, we are committed to community engagement and facilitating philanthropic support on behalf of the patients and families Barlow Respiratory Hospital serves.

If you have supported Barlow Respiratory Hospital with a donation or board or pro-bono service in the past, thank you! Now is an excellent time to renew your commitment as we embark on an exciting new era at Barlow.

We are continuously adding new board members to increase our board impact and would love to discuss if the Barlow Foundation Board is a right fit for you. If you would like to be among this highly visible and selective group, or if you have someone in mind you think would add value to our board, please let us know!

We welcome new board members to our esteemed group of steadfast, long term board members whose service means so much to us.

BOARD OF DIRECTORS 2018

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Medical Director, Barlow Respiratory Hospital

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Chief Executive Officer, Barlow Respiratory Hospital

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Sophia Chang



Kat Connolly



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Dave Roberts

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Contributions/Gifts

There are many ways you can support Barlow, from making a tax deductible contribution to planned giving. I encourage you to support Barlow Foundation today!

Tax Deductible Contribution: This is the most direct and easiest way to support Barlow. You can donate online or send a check made payable to Barlow Foundation in the enclosed envelope or mail to:

**Barlow Foundation
2000 Stadium Way
Los Angeles, CA 90026**

You can also choose to make your gift a recurring one!

Legacy Gift: A planned strategy that allows you to support Barlow Respiratory Hospital while protecting your estate and gaining possible tax advantages.

Tribute & Memorial Gifts: Honor a loved one, a special caregiver, or physician by making a donation to Barlow Foundation in their name.

For more information, please call 213-202-6840.

THANK YOU FOR YOUR SUPPORT

Barlow and You....

ReBuild Barlow with a Gift that will Last for Generations

Rebecca Suter, Director of Development, Barlow Foundation

This year promises to be the beginning of an exciting new era for Barlow Respiratory Hospital! We will soon begin construction to ReBuild Barlow and are launching our campaign to secure the last bit of needed funds.

As our dream to ReBuild Barlow becomes reality, I am excited to announce an opportunity for friends and supporters to be a tangible part of the new hospital for generations to come. Visitors tell us they appreciate the sense of history that surrounds our beautiful campus, especially the stained-glass windows in our Library donated by Los Angeles founding families Slauson and Torrance nearly one hundred years ago.

You can be part of Barlow for our next 100-plus years by securing the naming rights to one of our new, modernized rooms or be part of our Legacy Wall.

ReBuild Barlow Naming Rights

Hospital	Inquiries Welcome	
First Floor	\$1,000,000	
Second Floor	\$1,000,000	
Reception Area	\$250,000	
Healing Garden	\$200,000	
Respiratory Therapy Suite	\$150,000	
Imaging Suite	\$100,000	
Rehabilitation Therapy Suite	\$100,000	
Meditation Room	\$100,000	
Patient Room (60)	\$50,000	
Nurses Station (3)	\$50,000	
ICU	<i>pledged</i>	
Family Waiting Room	<i>pledged</i>	
Reception Recognition Wall	\$50,000 [Your Name] Wall of Appreciation	
	\$25,000	Barlow Benefactor
	\$15,000	Major Benefactor
	\$10,000	Distinguished Benefactor
	\$5,000	Significant Benefactor
	\$2,500	Supporting Benefactor
	\$1,000	Benefactor

You can make your tax deductible donation today and be a visible part of our history.

Your contribution ensures our patients, who are chronically and critically ill, the sickest of the sick amongst us with no other alternatives, can receive care in a state-of-the-art facility for years to come.

For more information, contact me directly 213-202-6840 or rsuter@barlowhospital.org

**SAVE THE DATE
NOV 29, 2018**

EINSTEIN LECTURE SERIES

Translational Research in Lung Transplantation: Preventing Complications and Prolonging Survival



Dr. Kevin Michael Chan

The Hans E. Einstein, MD Memorial Lectureship is an annual CME accredited scientific lecture series for pulmonary/critical care professionals held on the historic Barlow Respiratory Hospital campus. The evening is presented by the Hospital and the Center for Outcomes & Value (formerly known as the Barlow Respiratory Research Center), led by Dr. David Nelson and Meg Hassenpflug, MS, RD, FCCM and features a visiting professor. The lecture series is an opportunity for our pulmonary/critical care community to join colleagues for an educational evening that honors the late Hans E. Einstein, MD for his pioneering contributions and longstanding dedication to the advancement of medicine.

A cousin of Albert Einstein, Dr. Einstein served Barlow as Medical Director and CEO, and as a member of Barlow's Board of Directors. He devoted more than half a century to diagnosing and treating tuberculosis, AIDS and Valley Fever. Our Einstein lecture series has hosted a "who's who" in pulmonary critical care medicine for the lecture series over the past 18 years. We look forward to seeing you for the lecture on November 29, 2018 with Dr. Kevin Michael Chan.

**For information, contact Meg Stearn Hassenpflug, MS, RD, FCCM
Director of Outcomes and Value - 213.202.6863**



Our annual Barlow Respiratory Hospital symposium is a day of targeted learning for the Respiratory Care practitioner designed to promote standards of practice in patient safety, expand innovative critical thinking skills and advance the profession of Respiratory Care Practitioner with a multidisciplinary approach to Respiratory Care. The symposium fee includes parking, breakfast, lunch and 6 CEUS for Respiratory Therapists, and Registered Nurses. With such demand for the coursework, the 2018 Respiratory Symposium moves to a larger venue, The California Endowment.

**SAVE THE DATE
OCTOBER 22, 2018**

*Barlow Respiratory Hospital
Respiratory Symposium
at the
California Endowment*

Information and Tickets
www.barlowhospital.org/events



Save
the
Date

Thursday
March 14, 2019

Mark Your Calendar For This Very Special Evening At Our Historic Downtown Los Angeles Campus

AN EVENING UNDER THE STARS

A Benefit To ReBuild Barlow Respiratory Hospital

HONORING

The Honorable Gilbert A. Cedillo • Los Angeles Dodgers

SPECIAL GUEST

The Honorable Gray Davis

foundation@barlowhospital.org

